



Understanding FASD and Developmental Trauma: Supporting Children with Complex Needs

Presented by Dr Jacqueline Lynch

16th October 2026

7 CPD
hours

What is this course about and what are the benefits?

A number of children in the care system are impacted by foetal alcohol spectrum disorder. Those people caring for them will benefit from a better understanding of the effect of this, and what support and approaches are most helpful.

This course will look at the symptoms of FASD, trauma and attachment disorder. It will focus on the how to distinguish FASD in children and young people and the emotional and behavioural impact this condition has on them especially alongside attachment disorder. It will also cover research into what has and has not been helpful for children/families with FASD, and therapeutic strategies that may be more beneficial. Dr Lynch has significant experience in working with and supporting younger people impacted by both FASD and developmental trauma. She understands what helps and what approaches are useful for them and their families.

What are the learning objectives?

After attending this course delegates will be able to...

- Understand what works to help scaffold children/young people with FASD.
- Identify symptoms of FASD.
- Identify symptoms of developmental trauma in children.
- Look at the long term impact of a person life span of the condition of FASD.

Who would benefit from this course?

Any professional working with or caring for children and young people with developmental and relational trauma.

Who will be delivering the training?

Dr Jacqueline Lynch has worked with children and young people who are neurodiverse for over thirty years, and fifteen years ago she established Chrysalis Associates, an Ofsted registered Adoption Support Agency to work therapeutically with looked after, and adopted children who have developmental trauma.

Over the last four years Jacqueline has trained extensively on FASD and how it intersects with developmental trauma as the service has supported families navigating both diagnosis and then management support. As an organisation they link internationally with leading experts in FASD and are working with the University in Salford in research and developing awareness to support families and young people with FASD who are looked after and adopted.

What are the course details?

- Date: 16th October 2026
- Time: 9.30am- 4.30pm (GMT)
- Venue: Online
- Price: £160
- Payment plans available on request
- Booking: To book your place click [here](#) or email us at trainingwithus@adoptionplus.co.uk.

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