



# Theraplay Level Two

Presented by Dr Fiona Peacock

5<sup>th</sup>, 6<sup>th</sup> & 7<sup>th</sup> May 2027

24 CPD  
hours

*What is this course about and what are the benefits?*

On this training you will:

- Focus on several examples of MIMs to help you to improve your comfort and skill in administration and interpretation. If time permits you may share one of your complex/ interesting MIMs for discussion with the group.
- Improve the breadth of your Theraplay skill set to bring your Theraplay work to a higher skill level through practice and a wide range of video examples.
- Learn how to adapt Theraplay to work with trauma and complex families

*What are the learning objectives?*

- Administer and analyse the MIM in an intermediate skill level.
- Develop skills in the use of the MIM for planning treatment.
- Demonstrate how to use a wider range of Theraplay activities and techniques.
- Describe how to adapt Theraplay work with a wider range of populations, i.e. older children or those with autism.
- Describe strategies for dealing with resistant clients.
- Describe the concept of developmental trauma and modifications to Theraplay that will meet the needs of such a child.
- Describe how to determine when to use Theraplay in an overall treatment course.
- Describe how to adapt feedback sessions with parents to meet the needs of complex families.
- Develop and practice a treatment plan for a traumatised client

*Who would benefit from this course?*

Participants should have completed Theraplay® level one training and have experience using Theraplay in their work before attending this training. You will have the opportunity to make a case presentation, this is not essential but is an option if you would like to receive supervision from the trainer. The workshops are intensive and rewarding with the number of participants limited so that each person can receive personal attention from the trainer. To ensure that this course meets your training needs, please refer to the Best Practice Requirements UK document on the Theraplay UK website. <http://www.wp.theraplay.org/uk/practicum/best-practice-guidelines-and-requirements-for-the-uk/>

## Why do your Theraplay training at Adoptionplus?

Undertaking a training programme is a considerable commitment of time, energy and money. We want you to get the best out of your investment.

All our Theraplay training is delivered by Dr Fiona Peacock who is a highly experienced Theraplayer and general therapist educator <https://peacockcounselling.com>.

Here at Adoptionplus we have developed a unique training model within the UK. All our training is delivered in a small group setting or no more than 8 participants. Level 1 is delivered in a format where you have the first 2 days of training, some time to go away, digest and maybe even practice some elements, before returning for days 3 and 4 ready to consider how to apply the first principles to your work.

As part of our offer Fiona offers a group online check in one month after your level one so you can explore how the learning is translating into practice.

From our experience of delivering Theraplay training over the years, we have found the small group training model enables you to experience this way of working in a highly supportive group environment. Being a small group the input can be adapted to address your specific working environment, or indeed you own learning needs. Some of our small groups have remained in touch with each other post training offering each other valuable peer encouragement.

Here is some of the feedback we have received about our small group Theraplay training.....

*"The trainer was absolutely amazing. The 4 days were structured so well, everything was clear and flowed well and lead to application/practice."*

*"The whole course has been amazing and so insightful."*

*"So informative, interesting and thought provoking. Loved the interactive experience of the games and have come away with lots to think about and reflect on."*

## Why we do Theraplay training differently

At Adoptionplus, we believe learning a therapeutic model isn't just about understanding the theory. **It's through experiencing and practising the approach that you develop the insight, understanding and confidence to use it effectively in your work.**

That's why we have developed a unique approach to Theraplay training in the UK. All our training is delivered **in person and in small groups of no more than eight participants**, creating the best possible environment to experience, practise and really understand this way of working.

### **Small groups. More opportunity to experience and practise.**

Theraplay is an experiential model. You need the opportunity to take part, practise the activities, experience how they feel and reflect on what is happening — not simply hear about them.

Keeping groups to a maximum of eight creates a supportive environment where everyone has the opportunity to participate, ask questions and receive individual input from the trainer.

It also means the training can be responsive to you. Your trainer can understand your particular working environment and adapt discussions and examples to your practice, experience and individual learning needs.

### **Time to learn, practise and come back.**

We also deliver our Level One training differently.

You complete the **first two days**, then have time to step away, digest what you have learnt and perhaps begin experimenting with some of the principles in your own practice.

You then return for **days three and four** with new experiences, observations and questions. This gives you the opportunity to deepen your understanding and think more carefully about how the principles of Theraplay can be applied to the children and families you work with.

### **Support as you put it into practice.**

Learning doesn't end when the four training days finish.

One month after completing Level One, Fiona offers an online group check-in, giving you the opportunity to reconnect, share what you have tried, explore what is working, ask questions and think together about how the learning is translating into practice.

### **A small group can become a valuable network.**

One of the additional benefits we have seen is the relationships participants develop with each other.

Some of our small group participants have remained in touch long after the training has finished, offering each other valuable peer support and encouragement as they continue developing their Theraplay practice.

**Our small-group, in-person Theraplay training gives you the space to experience it, practise it, reflect on it and develop the confidence to use it in your work.**

## *Who will be delivering the training?*

Fiona Peacock is a BACP Senior Accredited Counsellor and Certified Theraplay® Therapist, Trainer and Supervisor.

She has worked in a highly specialised CAMHS team for Looked After and Adopted children as well as working in Education settings. Now she has a private practice providing psychotherapy and Theraplay to children whose early experiences of attachments have been disrupted as well as consultation, supervision and training to other professionals in this field. She also provides generic schools counselling.

She is a Teaching Associate at University of Cambridge, Faculty of Education teaching Psychotherapeutic Counselling for Children and Adolescents up to MEd level. She is a contribution author to McLaughlin & Holliday (2014) Therapy with Children and Young People and to two of the modules in the Mind Ed programme (<https://www.minded.org.uk>) and co-author of Fostering Good Relationships (Richardson & Peacock 2016). Currently she is also studying for an EdD at Cambridge, researching into the experience of Theraplay.

## *Pre-Course Reading*

Recommended reading before your training:

Chapters 1 & 2 of Theraplay - The Practitioner's Guide, by Vivien Norris and Dafna Lender

## *What are the course details?*

- Date: 5<sup>th</sup>, 6<sup>th</sup> & 7<sup>th</sup> May 2027
- Time: 9.00 - 5.00 (GMT)
- Venue: Adoptionplus, Moulsoe Business Centre, Moulsoe, Nr Milton Keynes, MK16 0FJ
- Price: £850 - Lunch and Refreshments are included Payment plans available on request.
- Booking: To book your place click [here](#) or email us at [trainingwithus@adoptionplus.co.uk](mailto:trainingwithus@adoptionplus.co.uk)

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