

Bespoke DDP Level One for Children's Residential Care

Presented by Dr Vicky Sutton

27-28 November & 2-3 December 2025



What is this course about and what are the benefits?

This bespoke training for residential care workers, introduces DDP and the broader framework of Dyadic Developmental Practice which provides a model of parenting and support for helping children and young people. The core components of DDP will be presented and explored through discussion and experiential exercises. Level one training will provide the knowledge and practice necessary for attendees to apply DDP principles to their work with developmentally traumatised children and young people. This 4 day course is split over 2 separate weeks making it easier for residential workers to attend.

What are the learning objectives?

- To understand the DDP framework within the context of residential care.
- To understand the theoretical foundations of DDP
- To apply this framework to a therapeutic and practice approach for children in residential care.
- To explore the central components of DDP in a residential care setting.

Who would benefit from this course?

Residential workers who work with developmentally traumatised children and young people.

Who will be delivering the training?

Vicky is a certified DDP Practitioner, Consultant and Trainer and has presented at DDP Conferences both in the UK and USA. Vicky previously sat on the DDPI Board and was also a Director for DDP Connects UK. She continues to support the growth and development of DDP by working on committees and with other charitable organisations. Dr. Vicky Sutton is a Chartered Clinical Psychologist who is also registered with the Health Professionals Council (HPC). Since qualifying in 2005, she has specialised in working with traumatised children, their families, and professional networks. Dr. Sutton has held specialist 'looked after children' posts in both Social Services and the NHS. Since April 2012, Dr. Sutton has worked exclusively in the private sector providing psychological assessments of children's needs (including attachment / impact of trauma); expert witness assessments and reports for Court; therapeutic interventions; consultation (parents, carers, residential workers, social workers); training and supervision. Dr. Sutton strongly believes that when children (due to their early experiences of abuse and neglect) struggle to feel safe within their placements, therapeutic approaches that focus on strengthening the child's attachment to his or her Carers are the most effective in achieving placement stability. For this reason, she has specialised in the therapeutic approach Dyadic Developmental Psychotherapy. This is Dr. Sutton's core treatment approach when working with children and their families. Dr Sutton supports DDP practice in a number of residential children's homes in the UK.

What are the course details?

- Date: 27-28 November & 2-3 December 2025
- Time: 9.30am - 4.30pm
- Venue: Adoptionplus, Moulsoe Business Centre, Moulsoe, Nr Milton Keynes, MK16 0FJ
- Price: £920 Payment plans available on request
- Booking: To book your place email us at trainingwithus@adoptionplus.co.uk

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