

Dyadic developmental Psychotherapy (DDP) Level Two

Presented by Dr Vicky Sutton
16th - 19th March 2027



28 CPD
hours

*What is this
course about
and what are
the benefits?*

This four day level two training course follows on from the level one training and explores the successes and difficulties that have been experienced since completing the initial training. Participants will further develop their experiential skills through additional role playing and by reviewing treatment sessions.

The size of the level two training group is smaller than that of the level one training in order to allow more room for discussion and supervision. Participants will have the opportunity to bring in a DVD of their work and receive feedback as well as the opportunity to discuss what they have achieved since the level one training.

There will also be an opportunity for participants to work in a small group of two or three to reflect upon their own attachment history and its impact on themselves as a practitioner.

*What are the
learning
objectives?*

- To build on the foundation knowledge and skills gained in level one
- To have the opportunity to receive feedback on practice since level one
- Explore attachment history
- Discussion and supervision in a small group

*Who would
benefit from
this course?*

Those who have completed DDP level one training: Professionals who support children and young people who have experienced developmental trauma (social workers working in fostering and adoption services, psychologists, residential workers, psychiatrists and other interested professionals).

Who will be delivering the training?

Vicky is a certified DDP Practitioner, Consultant and Trainer and has presented at DDP Conferences both in the UK and USA. Vicky previously sat on the DDPI Board and was also a Director for DDP Connects UK. She continues to support the growth and development of DDP by working on committees and with other charitable organisations. Dr. Vicky Sutton is a Chartered Clinical Psychologist who is also registered with the Health Professionals Council (HPC). Since qualifying in 2005, she has specialised in working with traumatised children, their families, and professional networks. Dr. Sutton has held specialist 'looked after children' posts in both Social Services and the NHS. Since April 2012, Dr. Sutton has worked exclusively in the private sector providing psychological assessments of children's needs (including attachment / impact of trauma); expert witness assessments and reports for Court; therapeutic interventions; consultation (parents, carers, residential workers, social workers); training and supervision. Dr. Sutton strongly believes that when children (due to their early experiences of abuse and neglect) struggle to feel safe within their placements, therapeutic approaches that focus on strengthening the child's attachment to his or her Carers are the most effective in achieving placement stability. For this reason, she has specialised in the therapeutic approach Dyadic Developmental Psychotherapy. This is Dr. Sutton's core treatment approach when working with children and their families.

What are the course details?

- Date: 16th - 19th March 2027
- Time: 9.30am - 4.30pm
- Venue: Adoptionplus, Moulsoe Business Centre, Moulsoe, Nr Milton Keynes, MK16 0FJ
- Price: £990 - Lunch and Refreshments are included
- Payment plans available on request
- Booking: To book your place click [here](#) or email us at trainingwithus@adoptionplus.co.uk

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