



Dyadic developmental Psychotherapy (DDP) Level Two

Presented by Dr Vicky Sutton
16th - 19th March 2027

28 CPD
hours

*What is this
course about
and what are
the benefits?*

This four-day training builds on the foundations established in Level One and further develops participants' understanding of Dyadic Developmental Psychotherapy (DDP) as a psychotherapeutic intervention, parenting model and practice framework for professionals supporting children, young people and families affected by developmental trauma.

Through discussion, reflection and experiential exercises, participants will deepen their understanding of the core principles and processes of DDP and further integrate these principles into their work.

*What are the
learning
objectives?*

This training provides participants with the opportunity to:

- Build on the knowledge and skills gained through Level One training.
- Receive feedback on their developing practice and use of DDP principles.
- Explore the significance of attachment history and its impact on current relationships and functioning.
- Deepen their understanding of the core principles and processes of DDP.
- Further integrate DDP principles into their work with children, young people and families.
- Learn through discussion, reflection and supervision within a small training group.

*Who would
benefit from
this course?*

Who would benefit from this course?

This course is designed for professionals who have completed DDP Level One training and who work with children, young people and families affected by developmental trauma, attachment difficulties and loss.

It will be of particular interest to:

- Social workers working in fostering, kinship, adoption and safeguarding services.
- Psychologists, psychotherapists, counsellors and psychiatrists.
- Residential childcare workers and managers.
- Family support workers, therapeutic practitioners and other professionals supporting children and families.
- Team managers, service leads and organisational leaders interested in embedding DDP-informed, relationship-based practice within their services.

Who will be delivering the training?

Dr Vicky Sutton is a Consultant Clinical Psychologist registered with the Health and Care Professions Council (HCPC), with over 20 years' experience supporting children, families, carers, and professional networks affected by abuse, neglect, attachment disruption, and developmental trauma. She is also the Clinical Director for the Dyadic Developmental Psychotherapy Institute (DDPI), contributing to clinical leadership, ethical governance, and the ongoing development of DDP practice across training and service delivery.

Vicky is a certified Dyadic Developmental Psychotherapy (DDP) Practitioner, Consultant, and Trainer. She has presented at DDP conferences in both the UK and the USA, previously served on the DDPI Board, and was also a Director of DDP Connects UK. Across these roles, she is committed to creating safety through relationship within the networks that support the child.

Since qualifying in 2005, Vicky has specialised in working with traumatised children and the families, carers, and professional systems around them. She has held specialist looked-after children posts within both Social Services and the NHS, and has worked in independent practice since April 2012. Her work includes psychological assessment and formulation, expert witness assessments, therapeutic intervention, consultation, training, supervision, and reflective practice.

Her clinical work is grounded in trauma-informed, attachment-focused practice, with Dyadic Developmental Psychotherapy as her core therapeutic model. She also integrates Trauma-Informed Stabilisation Treatment (TIST) where this is helpful, particularly when working with children who experience dissociation or trauma-organised survival responses. Vicky's approach focuses on helping children feel safe enough to connect, supporting carers to understand behaviour through the lens of trauma and attachment, and strengthening the relationships in which healing can take place.

Vicky also provides consultation, supervision, and reflective practice to carers, professionals, leaders, and organisations seeking to embed DDP-informed practice within the wider networks around children and families.

What are the course details?

- Date: 16th - 19th March 2027
- Time: 9.30am - 4.30pm
- Venue: Adoptionplus, Moulsoe Business Centre, Moulsoe, Nr Milton Keynes, MK16 0FJ
- Price: £990 - Lunch and Refreshments are included
- Payment plans available on request
- Booking: To book your place click [here](#) or email us at trainingwithus@adoptionplus.co.uk

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