



Theraplay Level 1

Theraplay® Level One And Marschack Interaction Method (MIM)

17th, 18th March and 30th, 31st March 2022

About Theraplay®

Theraplay® is a short-term attachment based play therapy for children and their care providers with a proactive focus on adult-child relationships, attachment theory, intersubjectivity and brain research. Theraplay® is based on the natural patterns of healthy interaction between adult and child and focuses on:

- Attachment, self-esteem and trust through fun and play
- The four essential qualities found in parent-child relationships: Structure, Nurture, Engagement and Challenge
- Creation of an empathetic connection between child and carer
- Resolution of behavioural problems i.e. excessive tantrums, anger, hitting, biting, clinginess, fearfulness, controlling behaviours, self-harm and attachment disturbances

The Marschack Interactional Method (MIM) is an observationally based assessment method used to evaluate parent-child relationships. Further information can be found at www.theraplay.org or www.wp.theraplay.org/uk/ (UK site)

Course Objectives

- Understand the history and theory of Theraplay®
- Knowledge of how to administer the MIM including methods of recording non-verbal behaviours, making inferences and formulating hypothesis
- Knowledge of how a MIM report is organised and used as a guideline for planning treatment
- Knowledge of how a feedback session is organised
- Increased knowledge of the interactional basis of parent-child attachment and self-esteem
- Skill development in the differentiation and use of the four Theraplay® dimensions
- Knowledge of how Theraplay® is used to meet the needs of children with behavioural problems, adopted/fostered children, autistic children, adolescents and traumatised children
- Knowledge of how parents are guided to empathetically observe and participate in Theraplay® sessions aimed at fostering better parent-child attachment

Course Information

This four day training workshop is for qualified professionals who wish to undertake training on child/family counselling and attachment therapy. The workshops are intensive and rewarding with the number of participants limited so that each person can receive personal attention from the trainer.

For more information and how to book: www.adoptionplus.co.uk/training

There are opportunities to

- Observe the treatment of a family including MIM, assessment feedback and Theraplay® sessions
- Watch recordings of of treatment with a variety of clients
- Practice the use of Theraplay® techniques
- Plan how to use Theraplay® with clients

Pre-course Reading

Recommended reading before your training: Chapters 1 and 2 of 'Theraplay - The Practitioner's Guide', by Vivien Norris and Dafna Lender, available at CairnsMoir and Amazon and other good booksellers.

Suitable For

Theraplay is suitable for professionals and practioners with a background in child development, adoption and permanency or psychology. This may include: Psychologists, Psychiatrists, Social Workers, Occupational Therapists, Teachers, Counsellors, Play Therapists, Family Therapists, Early Childhood specialists.

Those considering the training are advised to read best practice guidelines on the Theraplay UK website

<http://www.wp.theraplay.org/uk/practicum/best-practice-guidelines-and-requirements-for-the-uk/>

This is a 4 day course run as 2 x 2 days on the following dates:

Date	17th – 18th March and 30th – 31st March 2022 (Trainer Jo Williams)
Time:	9.00am – 5.00pm
Venue:	Adoptionplus, Moulsoe Business Centre, Moulsoe, Nr. Milton Keynes, MK16 0FJ
Price:	£950.00 + VAT (£1140.00 inc VAT)

Lunch and refreshments are included

Booking: For further information or to book please visit www.adoptionplus.co.uk or contact Scott Casson-Rennie at scott.cassonrennie@adoptionplus.co.uk

For more information about other Training and Events from TrainingwithUs please visit: www.adoptionplus.co.uk/training or email: trainingwithus@adoptionplus.co.uk



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