



# **The BUSS Model – Level One**

## **Building Underdeveloped Sensorimotor Systems in children who have experienced developmental trauma**

### **Developed and Presented by Sarah Lloyd**

### **Specialist Occupational Therapist and Play Therapist**

#### **Background to BUSS Model**

The BUSS model (Building Underdeveloped Sensorimotor Systems) aims to bring together an understanding of the body and motor development with our psychological understanding of the impact of trauma on the developing child. The model brings together an understanding of how a baby and young child's sense of themselves on a bodily level develops through experiences of being touched, held and of moving, all within the context of nurturing relationships. Sitting alongside a neurodevelopmental understanding of the impact of trauma on the developing brain, attachment theory, child development theory and drawing on sensory integration theory, the model focuses on the development of the vestibular, proprioceptive and tactile systems.

For more information about the BUSS model and training please visit <https://www.bussmodel.org/>

#### **Level One Training**

The three day Level One training builds on the 'Introduction to the BUSS model training day'. It is designed to increase participants knowledge and understanding of the model, the key tenets of which are movement, playfulness and relationships. Using teaching, case studies, video, small group work and hearing from parents experienced in using the model, participants will develop their understanding of children's motor development and learn how to make a hypothesis about the state of development of a child's proprioceptive, vestibular and tactile functioning using this information.

By the end of level one, participants should have an understanding of the sequential nature of motor development in the preschool child, taking into consideration the individual child and the environment that child is growing up in.

Participants should know what the critical stages of development are and how these form a platform for later development. Participants will also be beginning to understand the impact of critical stages being missed and how this impacts on the developing child.

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#### **Suitable For**

This course is suitable for all professionals working with children who have experienced developmental trauma. This includes participants from health, education and social care. Delegates will have ideally attended the introduction day but if not it may still be possible to attend the Level One training but some preparatory reading / discussion will be required.

## About the Trainer

Sarah Lloyd's first training was as an Occupational Therapist in the 1980s. Since then she has worked in mental health, working in CAMHS since 1991. In addition to the Occupational Therapy qualification, Sarah completed an MA in Psychoanalytic Studies in 1995, a clinical training in Play Therapy in 2000, various levels of EMDR training with adults and children from 2000, reaching accredited practitioner level in 2018, and Level 1 Sensory Integration training in 2012.

Sarah has been working to develop the BUSS model over the last 10 years and works with the Oakdale Centre in Harrogate, leading a team of BUSS accredited practitioners, offering training and direct work to children and families.

Sarah's first book, *Improving Sensory Processing in Traumatized Children*, was published by JKP in 2016. Her next book, *Building Sensorimotor Systems in Children with Developmental Trauma: A Model for Practice*, was published by JKP in April 2020.

**Dates:** This three day course will be held in 2022 on:  
21<sup>st</sup> & 22<sup>nd</sup> February 2022 (Adoptionplus) & 21<sup>st</sup> March 2022 (Virtually)  
**or**  
12<sup>th</sup> & 13<sup>th</sup> September 2022 (Adoptionplus) & 17<sup>th</sup> September 2022 (Virtually)

**Venue:** Days 1 & 2 - Adoptionplus, Moulsoe Business Centre, Moulsoe, Nr. Milton Keynes, MK16 0FJ  
Day 3 – to be held virtually

**Price:** £550 + VAT  
Lunch and refreshments are included

**Booking:** For further information or to book please visit [www.adoptionplus.co.uk](http://www.adoptionplus.co.uk) or contact Scott Casson-Rennie on 07468 012356 or email [scott.cassonrennie@adoptionplus.co.uk](mailto:scott.cassonrennie@adoptionplus.co.uk)

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