

## **Adoption Support Fund Information for Local Authorities**

This year local authorities have access to the Adoption Support Fund to assist adoptive families.

### **How Adoptionplus can help**

#### **Developmental Trauma and Attachment Therapeutic Services**

Adoptionplus has an extensive, multidisciplinary therapeutic team, led by a consultant clinical psychologist, that includes therapeutic social workers, play therapists, assistant psychologist, mindfulness therapists and a paediatric occupational therapist; all of whom have considerable experience working with adoptive families. Our therapeutic approach involves parents and children together and promotes the development of healthy attachment relationships, integration of unresolved past trauma and improved regulation capacity.

In addition to the professional backgrounds of the therapy team, they all have additional training and skills in the field of adoption, attachment and the impact of child maltreatment. We offer therapeutic interventions based on a comprehensive and wide reaching assessment of the needs of the family.

Some of the services available to families include:

- Dyadic Developmental Psychotherapy
- Theraplay®
- Mindfulness Based Cognitive Therapy for parenting stress
- Neurodevelopmental assessments
- Therapeutic Life Story Work
- Therapeutic parenting courses
- Play Therapy
- Sensory Integration
- Specialist Work With Adolescents

**The ASF will fund**  
**Complex Assessments**  
**Neuro-developmental Assessment**  
**Dyadic Developmental Psychotherapy**  
**Therapeutic Life Story Work**  
**Therapeutic parenting courses**  
**Play Therapy**  
**Theraplay®**  
**Sensory Integration**

#### **Example costs for some of our assessments:**

- Neurodevelopmental assessments £2850
- Developmental Trauma and Attachment Assessments £3000 plus £1000 for each additional child

We recommend that all referrals to our service start with a Developmental Trauma and Attachment Assessment. Following this we will tailor a bespoke therapy package to the specific needs of each family.

**To make a referral, or for more information, contact Joanne Alper on 01908 218251 or email [joanne@adoptionplus.co.uk](mailto:joanne@adoptionplus.co.uk)**