



Storytelling & Dyadic Developmental Practice (DDP)

Using stories to build bridges with traumatised children

With Dr Kim Golding

Course Information

This one day workshop provides an opportunity to explore the use of stories to connect with traumatised children. Dyadic Developmental Practice (DDP) is a practice model originally developed by Dan Hughes. Anyone who has been to training with Dan will know that he is a master storyteller. Stories and storytelling are therefore at the heart of DDP; a gentle way to connect with each other and make sense of the experience we are exploring.

Stories are part of being human and our social experience. Stories emerge, either formally or informally, as together, emotion is regulated and experience is explored. Storytelling brings the reflective (content of the story) together with the affective (experience of the story). The verbal is enriched by the nonverbal. Kim Golding and Dan Hughes explored using simple stories to illustrate the attitude of PACE (playfulness, acceptance, curiosity and empathy) in their book; *'Creating Loving Attachments'*. Kim expanded this exploration of the therapeutic use of stories in her book *'Using stories to build bridges with traumatised children'* (JKP, 2014).

This workshop will provide attendees with an opportunity to reflect on story forms and the way that simple stories can be developed for children and adults, both to enhance therapy and parenting. Kim will illustrate this with readings of her own stories and then offer attendees a chance to explore and develop their own storytelling abilities.

Wednesday 6 September 2017

9.30am – 4.30pm

Adoptionplus, Moulsoe Business Centre, Moulsoe, Nr Milton Keynes, MK16 0FJ

£140 + VAT (£168 inc VAT)

Lunch and refreshments are included

**For further information or to book please contact Alice Hollingdale on 01908 218251
or email alice.hollingdale@adoptionplus.co.uk**

Suitable For

Parents and caregivers who would like to develop their use of story within parenting. Professionals who would like to develop their use of story within their practice.

Workshop Objectives

- Consider the links between informal and formal storytelling and DDP.
- Explore the range of stories that can be used with traumatised children.
- Reflect on the use of stories to enhance understanding for adults.
- Consider different story forms both verbal written.
- Explore developing and writing stories.

About the Trainer

Presented by **Dr Kim Golding**, Consultant Clinical Psychologist & Author.

Kim is a member of the Board of Directors for the Dyadic Developmental Psychotherapy Institute and a certified consultant and trainer in DDP. She has a special interest in supporting foster carers and adoptive parents as well as working therapeutically with looked after children and young people.

Kim is the co-editor/author of *“Thinking Psychologically About Children Who Are Looked After and Adopted. Space For Reflection”* (Kim S Golding, Helen R Dent, Ruth Nissim and Liz Stott - 2006). Kim has also written a training manual for attachment based group training *“Nurturing Attachment Training Resource”* (2013) and a book for carers and parents based on this training *“Nurturing Attachments. Supporting Children Who Are Fostered or Adopted”* (2007). Kim has also written *“Using Stories to build bridges with traumatised children”* (2014). Kim is co-author with Dan Hughes of *“Creating Loving Attachments: Parenting with PACE to Nurture Confidence and Security in the Troubled Child.”*

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