

Theraplay® Level One And Marschack Interaction Method (MIM)

About Theraplay®

Theraplay® is a short-term attachment based play therapy for children and their care providers with a proactive focus on adult-child relationships, attachment theory, intersubjectivity and brain research. Theraplay® is based on the natural patterns of healthy interaction between adult and child and focuses on:

- Attachment, self-esteem and trust through fun and play
- The four essential qualities found in parent-child relationships: Structure, Nurture, Engagement and Challenge
- Creation of an empathetic connection between child and carer
- Resolution of behavioural problems i.e. excessive tantrums, anger, hitting, biting, clinginess, fearfulness, controlling behaviours, self-harm and attachment disturbances

The Marschak Interactional Method (MIM) is an observationally based assessment method used to evaluate parent-child relationships. Further information can be found at www.theraplay.org or www.wp.theraplay.org/uk/ (UK site)

Course Objectives:

- Understand the history and theory of Theraplay®
- Knowledge of how to administer the MIM including methods of recording non-verbal behaviours, making inferences and formulating hypothesis
- Knowledge of how a MIM report is organised and used as a guideline for planning treatment
- Knowledge of how a feedback session is organised
- Increased knowledge of the interactional basis of parent-child attachment and self-esteem
- Skill development in the differentiation and use of the four Theraplay® dimensions
- Knowledge of how Theraplay® is used to meet the needs of children with behavioural problems, adopted/fostered children, autistic children, adolescents and traumatised children
- Knowledge of how parents are guided to empathetically observe and participate in Theraplay® sessions aimed at fostering better parent-child attachment

Course Information

This four day training workshop is for qualified professionals who wish to undertake training on child/family counselling and attachment therapy. The workshops are intensive and rewarding with the number of participants limited so that each person can receive personal attention from the trainer.

There are opportunities to:

- Observe the treatment of a family including MIM, assessment feedback and Theraplay® sessions
- Watch recordings of treatment with a variety of clients
- Practice the use of Theraplay® techniques
- Plan how to use Theraplay® with clients

Participants are requested to have a copy of the 3rd edition of the Theraplay book and that they bring the book with them. You are requested to read chapters 1, 2, and 4 in advance of the training. The book is available both from the office www.Theraplay.org and also at the Amazon UK website.

Suitable For:

Theraplay is suitable for professionals and practitioners with a background in child development, adoption and permanency or psychology. This may include: Psychologists, Psychiatrists, Social Workers, Occupational Therapists, Teachers, Counsellors, Play Therapists, Family Therapists, Early Childhood specialists.

Those considering the training are advised to read "Information about Theraplay® training in the UK" on the next page.

Trainer:

Fiona Peacock is a BACP Senior Accredited Counsellor and Certified Theraplay® Therapist, Trainer and Supervisor. In the past she worked in a highly specialised CAMHS team for Looked After and Adopted children as well as working in Education settings. Now she has a private practice providing psychotherapy and Theraplay to children whose early experiences of attachments have been disrupted, as well as consultation, supervision and training to other professionals in this field. She also provides generic schools counselling. She is a Teaching Associate at University of Cambridge, Faculty of Education teaching Psychotherapeutic Counselling for Children and Adolescents up to MEd level. She is a contribution author to McLaughlin and Holliday (2014) *Therapy with Children and Young People* and to two of the modules in the MindEd programme (<https://www.minded.org.uk>) and co-author of *Fostering Good Relationships* (Richardson & Peacock 2016). Currently she is also studying for an EdD at Cambridge, researching into the experience of Theraplay.

Date: This is a 4 day course run as 2 x 2 days and is available on the following dates:
4-5 Feb and 18-19 Feb 2019
or
8-9 July and 15-16 July 2019

Time: 9.00am – 5.00pm

Venue: Adoptionplus, Moulsoe Business Centre, Moulsoe, Nr. Milton Keynes,
MK16 0FJ

Price: £950.00 + VAT (£1140.00 inc VAT)
Lunch and refreshments are included

Booking: For further information or to book please visit www.adoptionplus.co.uk or contact Alice Hollingdale on 01908 218251 or email alice.hollingdale@adoptionplus.co.uk

Information about Theraplay® training in the UK

This course will give you new skills that will enhance your practice in your current work role with children and families. After completing it, you will be able to describe your work as 'based on Theraplay® principles'.

If you work in a school, please consider whether Level 1 (which is mainly about working on the parent/child relationship) or the 2 day Group Theraplay® is the most suitable training for your context.

The course is also part of the Theraplay® certification programme which consists of the Level 1, Level 2 and Group Theraplay trainings and completion of a 3 stage supervision practicum. All people working with children and families can join the practicum and progress to become a Foundational Theraplay® Practitioner. They can then call what they do 'Theraplay® Informed Practice'. Those with an accredited professional qualification can progress through all 3 stages to become a Certified Theraplay® Practitioner. Only Certified Theraplay® Practitioners can describe their work as 'Theraplay®'. For information about the Theraplay® certification program, go to: <http://www.wp.theraplay.org/uk/wp-content/uploads/sites/4/2018/06/2a-Dyadic-Theraplay-Practicum-Certification-stages-UK-2018.pdf>.

To ensure that this course meets your training needs, please refer to the *Best Practice Requirements UK* document <https://form.jotform.com/81774357641969>, which includes information about the use of the Theraplay® service mark. *You will be asked to agree to these requirements in order to receive your completion letter at the end of this course.*

If you require further advice before registering, please contact: Dafna Lender, Programme Director at The Theraplay® Institute dlender@theraplay.org