



# Dyadic Developmental Psychotherapy Level One

## Introducing a Framework for Therapy & Parenting of Developmentally Traumatized Children

### **About DDP:**

DDP was developed by Dan Hughes as an Attachment Focused Family Therapy that is tailored to meet the needs of children who have experienced trauma and loss. This therapy is theoretically based on the models of attachment theory and intersubjectivity, and is consistent with the needs of children and young people who have experienced developmental trauma.

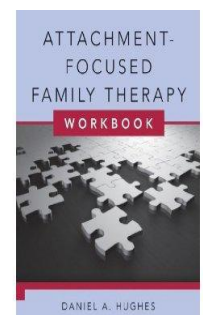
### **Course Information:**

This four day training introduces DDP and the broader framework of Dyadic Developmental Practice within which the therapy is applied. This provides a model of parenting and support as well as a therapeutic approach to helping the children.

The core components of DDP will be presented and explored through discussion and experiential exercises.

Level one training represents 28 hours of DDP training and will provide the knowledge and practice necessary for attendees to apply DDP principles to their work with developmentally traumatized children and their families.

Participants are referred to the Attachment-Focused Family Therapy Workbook (Hughes, D.A. Norton, 2011) which underpins this training



This level one training is the starting point for certification as a DDP therapist or practitioner

For more information see: [ddpnetwork.org](http://ddpnetwork.org)

### **Course Objectives:**

- To understand the DDP framework
- To understand the theoretical foundations of DDP
- To apply this framework to a therapeutic and practice approach for children and parents & parents alone
- To explore the central components of DDP
- To apply the framework to a parenting approach which can complement the therapeutic approach

### **Suitable For:**

Professionals who support children and young people who have experienced developmental trauma (social workers working in fostering and adoption services, residential workers and other interested professionals).

Therapists who work with developmentally traumatised children and their families or substitute families.

### **About the Trainer:**

Presented by **Dr Kim Golding**, Consultant Clinical Psychologist & Author

Kim is a member of the board of Directors for the Dyadic Developmental Psychotherapy Institute; and is a certified consultant and trainer in DDP. She has a special interest in supporting foster carers and adoptive parents as well as working therapeutically with looked after children and young people.

Kim is the co-editor/author of "Thinking Psychologically About Children Who Are Looked After and Adopted. Space For Reflection" Golding K. S., Dent H. R., Nissim R. & Stott E. (2006). Kim has also written a training manual for attachment based group training "Nurturing Attachment Training Resource" and a book for carers and parents based on this training "Nurturing Attachments. Supporting Children Who Are Fostered or Adopted"

Kim is co-author with Dan Hughes of "Creating Loving Attachments: Parenting with PACE to Nurture Confidence and Security in the Troubled Child".

**Monday 29 October – Thursday 1 November 2018**

**9.30am to 4.30pm each day**

**Adoptionplus, Moulsoe Business Centre, Moulsoe, Nr. Milton Keynes, MK16 0FJ**

**£850 + VAT, (£1020 inc VAT)**

**Lunch and refreshments are included**

For further information or to book please visit [www.adoptionplus.co.uk](http://www.adoptionplus.co.uk) or contact Alice Hollingdale on 01908 218251 or email [alice.hollingdale@adoptionplus.co.uk](mailto:alice.hollingdale@adoptionplus.co.uk)

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