



PACE for Practitioners

Discovering the power of Playfulness, Acceptance, Curiosity and Empathy in our interventions with children and families

With Dr Kim Golding and Joanne Alper

About DDP and PACE

Dyadic Developmental Psychotherapy was originally developed by Dan Hughes as a therapeutic intervention for families who are fostering or had adopted children with significant developmental trauma and insecurity of attachment. This intervention is theoretically based on the models of attachment theory and intersubjectivity and is consistent with the needs of children and young people who have experienced developmental trauma.

DDP has a broad application within services as Dyadic Developmental Practice. This provides a set of principles that can support networks; inform and enrich parenting; and can support the child inside and outside of the home, eg at school. Central to DDP is the attitude of PACE. This facilitates interactions with others which are open and engaged as we convey acceptance, curiosity and empathy for them and their internal experience. Additionally, our enjoyment of the relationship is conveyed through a playful attitude at appropriate times. PACE provides a connection within which we can engage in reciprocal interactions which allows each to be open to the influence of the other. This provides a safe base from which we can explore shared experiences and more difficult issues.

Course Aims

To provide an introduction to the attitude of PACE and its use by practitioners in their interventions and supportive relationships

Objectives

- Increase understanding of the practice model of DDP and the role of PACE within this model.
- Understand the importance of a relational focus to support and interventions with children and families affected by developmental trauma.
- Understand PACE and explore its helpfulness with children and adults.
- Explore using PACE in the moment in our practice.

Suitable For

This course is aimed at professionals working with adopted or fostered children and their families.

About the Trainers

Dr Kim Golding - Consultant Clinical Psychologist & Author

Kim is a member of the board of Directors for the Dyadic Developmental Psychotherapy Institute; and is a certified consultant and trainer in DDP. She has a special interest in supporting foster carers and adoptive parents as well as working therapeutically with looked after children and young people.

Kim is the co-editor/author of "Thinking Psychologically About Children Who Are Looked After and Adopted. Space For Reflection" Golding K. S., Dent H. R., Nissim R. & Stott E. (2006). Kim has also written a training manual for attachment based group training "Nurturing Attachment Training Resource" and a book for carers and parents based on this training "Nurturing Attachments. Supporting Children Who Are Fostered or Adopted"

Kim is co-author with Dan Hughes of "Creating Loving Attachments: Parenting with PACE to Nurture Confidence and Security in the Troubled Child".

Joanne Alper – Director of Services, Adoptionplus

Joanne instigated and managed the recent research into the DDP informed parenting programme "Nurturing Attachments Group" and is currently establishing the first DDP certified social work service in the UK.

Joanne is the author of 'All About Mummies & Daddies' and the 'Billy Says' series of six books. She has also co-edited a book with Professor David Howe - 'Assessing Adoptive and Foster parents: Improving Analysis and Understanding of Parenting Capacity'.

Tuesday 21 March 2017

9.30am – 4.30pm

Adoptionplus, Moulsoe Business Centre, Moulsoe, Nr Milton Keynes, MK16 0FJ

£140 + VAT (£168 inc VAT)

Lunch and Refreshments are included

**For further information or to book please contact Alice Hollingdale on 01908 218251
or email alice.hollingdale@adoptionplus.co.uk or visit www.adoptionplus.co.uk**

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