



# Therapeutic Social Work

**Presented by Dr Karen Treisman and Joanne Alper**

Sometimes called direct work or family support, this course is tailored to the specific needs of social workers supporting families caring for children with a history of attachment difficulties and developmental trauma.

This seven day bespoke course will be spread over 8 months and will provide participants with information, strategies and tools that can support families with:

- Relational and developmental trauma
- Emotional regulation
- Rejecting behaviours
- Adolescents
- Aggressive and controlling behaviour
- Sexualised behaviour
- Stretching the truth and taking items
- Life story work

*No therapy qualifications ? No clinical supervision ? But still need to safely therapeutically support families caring for children with a history or relational trauma and attachment difficulties ? Then find out more about this new course.....*

**Dates:** 8 February, 8 March, 5 April, 10 May, 7 June, 12 July and 13 Sept 2019

**Time:** Each day will run from 9.30am to 4.30pm

**Venue:** Adoptionplus, Moulsoe Business Centre, Cranfield Road, Moulsoe, Nr. Milton Keynes, MK16 0FJ

**Price:** £995 + VAT (£1194 inc VAT)  
Lunch and refreshments are included

**Booking:** For further information or to book please visit [www.adoptionplus.co.uk](http://www.adoptionplus.co.uk) or contact Alice Hollingdale on 01908 218251 or [alice.hollingdale@adoptionplus.co.uk](mailto:alice.hollingdale@adoptionplus.co.uk)

## About the Trainers

**Dr Karen Treisman** is a Highly Specialised Clinical Psychologist who has worked in the NHS and children's services for several years. Karen has extensive experience in the areas of trauma, parenting, and attachment, and works clinically using a range of therapeutic approaches with families, systems, and children in or on the edge of care, unaccompanied asylum-seeking young people, and adopted children.

In addition to holding a doctorate in Clinical psychology, Karen has undergone a range of specialist trainings including in EMDR, Narrative Therapy, Dyadic Developmental Psychotherapy, Sensory Attachment Intervention and Theraplay.

Karen has previously worked in both Milton Keynes's and Kensington and Chelsea's Looked after Children (LAC) and fostering services, and within the National Implementation Service for evidence-based interventions for Looked after children, children on the edge of care, and children in custody at the Michael Rutter Centre in the Maudsley Hospital.

Karen is the director of Safe Hands and Thinking Minds training and consultancy services ([www.safehandsthinkingminds.co.uk](http://www.safehandsthinkingminds.co.uk))

Karen is an external consultant, trainer, and assessor to Barnardos Adoption Service, PAC-UK, Hope for families, Three Steps Ireland, Pause, CoramBAAF, Grandparents Plus, and the Fostering Network.

Karen is a member of the CoramBAAF health group advisory committee, and a reviewer for the Journal of Adoption and Fostering.

Karen regularly presents at local, national, and international trauma, parenting, and attachment conferences.

Karen is the author of "Working with children and adolescents who have experienced relational and developmental trauma" (Routledge, 2016); "A Therapeutic Treasure Box for Working with children and adolescents who have experienced relational and developmental trauma" (September, 2017); and developer of a therapy card game, "A therapeutic treasure deck: feelings and sentence-completion cards"

**Joanne Alper** is Director of Services at Adoptionplus, a VAA rated as 'Outstanding' by Ofsted. Joanne is a qualified Social Worker and Play Therapist. She was instrumental in the setting up of Adoptionplus.

Prior to this Joanne worked for many years in local authorities including Looked After Children teams, generic child care teams and child protection teams.

Joanne recently led on the establishment of a new specialist therapeutic social work service in London.

Joanne is passionate about effective social work and is keen to promote the benefits of a more therapeutic approach to the social work role within local authorities

Joanne is the author of 'All About Mummies & Daddies' and the 'Billy Says' series of six books. She has also co-edited a book with Professor David Howe - 'Assessing Adoptive Parents, Foster Carers and Kinship Carers'. She has also contributed to many journals, chapters and research articles.

Joanne is Trustee on the CVAA Board and sat as a specialist adviser on the NICE committee for Quality Standards in Attachment.

[www.adoptionplus.co.uk](http://www.adoptionplus.co.uk)



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