



Brainfood - 1 hour webinar with

Dr Jeff Wozniak Ph.D

Research and Evaluation of Choline on children with FASD

February 24th - 1pm

"While not all children on the FASD spectrum are visibly affected, many struggle with executive functions, they may have trouble with judgement, planning, organising, decision-making, behaviour regulation, and learning."

About the Session

The university of Bristol in 2018 reported that up to 4 million people in the UK may have Fetal Alcohol Spectrum Disorder (FASD). It is believed that up to a quarter of care experienced young people may have FASD. We know FASD can have a profound impact on children and adults and it is clear that research is essential to improve our understanding of what can help.

Currently one area of research is linked to a herbal supplement called Choline. Dr Jeffrey Wozniak Ph.D and his team at the University of Minnesota are evaluating Choline and its potential to improve function skills in people who have FASD.

Dr Wozniak will share information about this research during our one hour lunchtime "Brainfood webinar"

About Dr Wozniak

Dr Wozniak received his Ph.D. in Clinical Psychology at Kent State University in 1997, internship at the University of Minnesota in 1997, and a post-doctoral fellowship in Pediatric Neuropsychology at the University of Minnesota in 1999. He is a Professor in the Department of Psychiatry & Behavioral Sciences and the Director of the Division of Behavioral Sciences at University of Minnesota. He is also an adjunct faculty member in the Department of Psychology and I am a Licensed Psychologist in Minnesota and Wisconsin.

£25 plus VAT

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